

# KRSCNA Minutes May 2021

Meeting opened at 1:10 PM

Mike P read the 12 Traditions, Mark S read the 12 Concepts, and Mike P read the Service Prayer.

## Roll Call:

Areas		Report?
Across the Rivers Area	Present	Verbal
Louisville Area	Present	Verbal
OVANA	Not Present	No
Owensboro Area	Present	Verbal
PANA	Present	Verbal
South Central KY Area	Not Present	No
502 Area	Present	Verbal
NACK Area	Present	verbal

Trusted Servants		Report?
Chairperson	Present	No
Vice Chairperson	Present	No
Secretary	Present (stand in)	No
Treasurer	Present	Verbal and written
Regional Delegate	Present	Verbal
Regional Delegate Alt	Present	Verbal
KRCNA 34 Chairperson	Present	Verbal
KRCNA 35 Chairperson	Present	Verbal
Website Coordinator	Present	Verbal

Chair read Minutes from March 2021 meeting and committee approved as read.

## Reports:

Treasurer's report – Verbal report given during meeting and written report submitted and attached.

RD report- Mike P reports:

- NAWS report uploaded to Dropbox
- NAWS Month of Giving- asking NA members for personal donations due to lack of donations from service committee's during pandemic. Thus far NAWS has received around \$10,000 in personal donations. A Zoom celebration mtg code 94612046000 password TJC (date needed)
- World Service Committee still planning to meet virtually. This could change but not expected.
- All NAWS projects for 2020-2022 are being carried over.
- NAWS is requesting no new projects be presented at this time.
- Spiritual Principle a Day book continues. You may still submit writings until 5/31/2021.
- Other current projects are Self Support IP and IP for Women
- World Sponsorship Day will be moved to another day due to conflicting with World AIDS day.

Continued discussion.

RDA report- Jackie G. reports:

- October 2021 Southern Zonal Forum meeting will be held in Louisville. Planning is open at this time and trusted servants are needed.

KRCNA 34- Larry K reports: "103 days and we are WIDE OPEN". Committee members are excited. They are meeting today at 6:00 p.m.

KRCNA 35-Mike P reports:

- Committee will return to in person meetings beginning 6/12/21 at 1:00 p.m. at the Library in Calvert City and will continue to meet 2<sup>nd</sup> Saturday of each month at 1 PM at that location.
- Asking for submissions for convention theme/logo, speakers for main meetings and workshops, please send to [krcna35programming@gmail.com](mailto:krcna35programming@gmail.com)
- Search for location continues, so far 3 venues are being considered.

IT- written report – Chris B reports:

- Working on getting old minutes uploaded to the website
- Requested updated meeting information from all areas to ensure information on regional website is available to the public.
- Requested the regions stance on using the BMLT (discussed in new business)

ATRA- James H. reports:

- Memorial Day Homegroup Function at 1043 Fulton Ave. Evansville, IN
- Area Birthday Function June 5, 2021, Lou Dennis Park 402 Park St. Newburgh, IN 11am-5pm
- Meetings are mostly in person and doing well.

Owensboro- Tony J. reports:

- Meetings are mostly in person with 2-3 homegroups still using Zoom format.
- Donation of 65.20 was mailed to region's mailbox.
- KRCNA February 2022- more will be revealed.
- Trying to plan a summer picnic function.

OVANA – not present

PANA- Chris reports:

- Working on an updated meeting list, Barry H. will follow up to ensure this is completed.
- Freedom Between the Lakes Campout September 17-19, 2021 contact the campground directly to reserve campsite. (Energy Lake Campground)
- Area Birthday June 26, 2021 at the Bus Stop, speaker at 7:00 p.m. serving BBQ.

South Central – not present

502- Karen D reports:

- PR is working together with OVANA and LACNA to create a single online meeting list and producing schedules together to reduce costs and ensure updates are available since things change often due to pandemic restrictions changing quickly.
- New location for several meetings in the area at 2019 Dixie Highway

NACK Area- Jackie G reports:

- Area met in person for May service committee with 1 person attending via Zoom.
- Continue to distribute Basic Text to newcomers at meetings. About 2/3 of the books donated have been given out.
- No area webpage currently, requesting help from regional IT chair. He advised he can and will help.
- Living Clean Text Study meeting, Zoom ID 2705021953,(need a day) 7:00pm EST/6:00pm Central

### **Old Business:**

- Motion 1.1.21 –\$1500 donation to WSC- Votes taken- passed unanimously.
- Next KBARNA meeting 7/31/21 to be held via Zoom, log in and agenda will be emailed asap. Reminder that ALL AREA RCM's need to attend this meeting to participate on discussion regarding how votes will be taken to the next World Service Conference.

### **New business:**

- Open Positions- OVANA needs to provide nomination for KRCNA 36 chair at next regional meeting.
- Question was asked when Southcentral Area will next host the convention. Tony J. states it would be 2024 (KRCNA 37).
- Chair requested that NACK area be added to the rotation for the convention and for hosting H&I learning day.

- Discussion was held regarding this service body returning to in person meetings. James H suggested meeting in person in September at the LBL Campout. Karen D suggests continuing to meet on Zoom indefinitely. Some other options discussed were using the Lake Barkley Lodge in September and/or holding a hybrid meeting. Mike P reports that the community building at Energy Lake Campground will not be available for the meeting. Chair is requesting area's input and discussion was tabled until next meeting in July.
- More discussion regarding how Kentuckiana Region will collect votes on the upcoming CAR. The CAR/CAT will be sent out by World Services December 2021 and the conference will be held April-May 2022. A member asked how the last RD and RDA counted votes and it was reported that they took homegroup votes. Chair requested that a motion be brought to the committee if this is going to be addressed.
- Discussion regarding the use of the BMLT. Karen D states the region voted not to use the BMLT in the past. Joe G states it was voted on and accepted but was not incorporated. Chair requested that the past minutes be reviewed to determine if this was passed or not and reported to the committee at the next meeting.

Next Meeting: July 18, 2021 @ 2:00 PM EST; 1:00 PM CST. Zoom link for meeting to follow.

Meeting closed via 3<sup>rd</sup> step prayer.

## KRSCNA Treasurer's Report for May 16, 2021

Hello Family,

I have the March & April bank statements along with the quicken register report. We have a current balance of \$ 16,123.46 in our account. The bank statement report show a balance of \$ 16,123.46. I wrote one check to Southern Zonal Forum for \$ 200.00 in the last two months. We have had four deposits made in March and added them to my report below. I've included a bank account report for Saturday 5-2-21 with my email showing our actual balance at this time. If anyone has any expense's you can email me mail the receipts so I have them to file. My email address is [nasho91020@yahoo.com](mailto:nasho91020@yahoo.com). **I hope everyone is staying safe and I miss coming to the regional meeting.**

### Checks wrote In March & April

4-1-21 – CK 1233/ Southern Zonal Forum- Annual donation	200.00
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### Deposit's made in March & April

3-1-21 ATRASCNA / CK 2482 / Area Donation	86.58
3-6-21 ATRASCNA / CK 2482 / Area Donation	83.52
3-6-21 Owensboro Area / CK 2029 / Area Donation	160.44
3-29-21 ATRASCNA / CK 2482 / Area Donation	<u>74.19</u>
<b>Total Deposits</b>	<b>404.73</b>

Mark S. / Treasurer  
Cell 502-593-7824





### Paycheck Protection Program-We're Here to Help

We've created [Best Practices for Preparing for a PPP loan](#) to assist you with applying for your loan.

Once you have followed these Best Practices, please select one of the following:

- [Schedule a phone appointment](#) with a local branch
- Call 877-887-0273 to speak with an agent Monday – Friday, 8 a.m. to 6 p.m. ET

(We anticipate high call volume during this time. Thank you in advance for your patience.)

As always, thank you for being a Fifth Third Customer.

### Economic Impact Payments

If you are wondering when (or if) you might receive an Economic Impact Payment please visit [irs.gov/coronavirus/get-my-payment](https://irs.gov/coronavirus/get-my-payment). The IRS site will have the current status of your stimulus payment. Please know Fifth Third does not have access to this information.

We appreciate your understanding.

## ACCOUNT SUMMARY

### Regular Business Checking

x9267

**\$16,123.46**

Available

More Details

Recent Activity		View by Statement
+ 04/15/2021	Check # 1233	<b>-\$200.00</b>
+ 03/29/2021	Deposit	<b>\$74.19</b>
+ 03/08/2021	Deposit	<b>\$160.44</b>
+ 03/08/2021	Deposit	<b>\$83.52</b>
+ 03/01/2021	Deposit	<b>\$86.58</b>
+ 12/30/2020	Deposit	<b>\$57.73</b>
+ 12/04/2020	Deposit	<b>\$10.00</b>
+ 11/27/2020	Deposit	<b>\$43.43</b>

Last Login: 03/20/2021 12:24pm



# N.A.C.K.

MAY 16, 2021

NARCOTICS ANONYMOUS OF CENTRAL KENTUCKY

JACKIE G., RCM ALT [CRAZYCANOE1@GMAIL.COM](mailto:CRAZYCANOE1@GMAIL.COM),  
KENT MC., RCM [DKENTFISH@GMAIL.COM](mailto:DKENTFISH@GMAIL.COM)

## MEETINGS' UPDATES

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Home group meetings are a variety of hybrid, in-person, and total Zoom. We have a new meeting on Tuesday nights at 7:00 p.m est a Living Clean book study... needs support please... Zoom ID 270 502 1953... we continue to reach out to individual addicts who live in nearby counties, and a goal is to get more home groups in outlying rural areas involved in area service. The first in-person, hybrid area service meeting was held this month. We've agreed to meet hybrid next month.

## VOTING FOR WSCS

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All NACK home groups agree to submit one vote per home group for future WSC CAR and CAT questions.

## BASIC TEXTS STILL BEING DISTRIBUTED

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The Basic Texts gifted to our area are still being distributed; approx 2/3 of the books have been given away to newcomers in KY; a stockpile is being kept by area trusted servants and readily available whenever a newcomer asks for a book. We are grateful and still in the process of gifting the rest of the books.

# **Kentuckiana Bluegrass Appalachian** **Region Of Narcotics Anonymous**

Updated 2/2020 per KBARNA committee

## **Purpose:**

The Purpose of the Kentuckiana Bluegrass/Appalachian Region of Narcotics Anonymous (KBARNA) is to:

- a) Pool and develop local service resources that can be used both by groups and areas in better fulfilling their responsibilities
- b) Maintain contact between NA's world services and the local NA community by providing information on current world projects and offering a local perspective to the work of world services.
- c) Represent its member Regions at the World Service Conference

## **Boundaries and Participants:**

KBARNA compasses the entire State of Kentucky and any interested outlying border Areas

KBARNA is made up of the Kentuckiana and Bluegrass Appalachia Regions. Each member Region will continue to function autonomously with their own guidelines, committees and budgets.

All participating Areas of the member Regions are considered members of KBARNA

## **Location and Times:**

KBARNA Assembly will meet bi-annually in the months of February and July. The meeting will be held on a Sunday, the specific date will be determined by the Host Organizer/Facilitator. The location will alternate between the member Regions and be organized by the KBARNA Host Organizer/Facilitator.

On World Service Conference years, the first regional assembly (February) will be focused on the Conference Agenda Report (CAR)

## **Conference Agenda Report:**

Every group in the KBARNA gets one vote per motion in the Conference Agenda Report. The RCM should collect the votes and turn them in to the RD/RDA before the World Service Conference. The total votes of all groups will be tallied and that will be the vote submitted at the WSC by the RD/RDA. A simple majority of votes collected will carry the group conscience to the World Service Conference. The RD/RDA has the regions vote of confidence regarding proposals and motions presented at the WSC.

## **Executive Committee:**

The Executive committee will consist of a Facilitator/Host Organizer, Secretary, and Treasurer.

## **Participating Members:**

Executive Committee, Public Relation Resource Panel (PRRP), Regional Delegate (RD), Regional Delegate Alternate (RDA), Regional Committee Members (RCM), Area Delegated Representative (ADR)\* and project coordinators.

\*An Area may choose to send a delegated representative that is not its RCM

All Narcotics Anonymous members are invited to attend and participate in the KBARNA business meetings. Any member may make a motion but it must be seconded by an RCM to be considered for business. Only RCM's or ADR's may vote.

## **Public Relations Resource Panel**

The Public Relations Resource Panel (PRRP) should consist of 4 members. Two from The Kentuckiana Region and two from The Bluegrass Appalachia Region.

The purpose of the PRRP is to

- a) Gather information through service resumes from interested trusted servants from all Areas of the KBARNA



- b) Serve as a point of reference to share information between member regions and areas
- c) Create work groups and project plans for the purpose of carrying out our Fellowships primary purpose.
- d) The PRRP will work together to assist in the needs of local service committees.

**Facilitator/Host Organizer**

The role of a facilitator during the meeting times is to help the body with the following:

- a) Move through their intended agenda,
- b) Help reach decisions that all participants can support
- c) Help ensure that these decisions are in harmony with the principles of the NA program.
- d) Have a clear understanding of the purpose of the gathering.
- e) Have an awareness of any relevant resources, such as local guidelines, service handbooks, tradition and concepts essays etc., and make these available when required.

**Facilitator as Hosting Organizer prior to meeting:**

**Duties and Responsibilities**

- a) Site selection for the KBARNA Assembly
- b) Flyer production, distribution
- c) Utilize local groups for meeting space, when possible. All NA members are welcome to participate in the KBARNA Assembly. This must be taken into consideration when choosing the facility
- d) Regular progress reports to members of both regions as needed
- e) Determines which Sunday the meeting will be held (should consider meeting times of other areas and regions)
- f) Selects Issue Discussion Topic (IDT) workshop and presenters.

**Secretary**

**Duties and Responsibilities:**

- a) Attend all KBARNA assemblies and take accurate minutes at the business meeting.
- b) Update members contact list at each KBARNA Assembly Email/mail minutes to participants within 3 weeks.
- c) Available between KBARNA Assemblies for communication and assistance with projects

**Treasurer (This position has a 5year clean-time requirement)**

**Duties and Responsibilities:**

- a) Prior experience handling NA funds
- b) Attend each KBARNA Assembly
- c) Reconcile bank statement, balance checkbook
- d) Account for income and expenditures between KBARNA assemblies
- e) Present written report each KBARNA Assembly
- f) Retain and have available all financial records. For any members requesting that information and all new participants of the KBARNA Assembly
- g) Maintain a \$ prudent reserve.
- h) Establish an EIN for the service body

**Project Coordinator:**

- a) Will coordinate any project chosen by the members of KBARNA at have a specific

beginning, middle, and end

b) Work with the PRRP to assemble a workgroup to perform the task assigned.

Elected by the KBARNA Assembly.

Position ends when Project is complete.

### **KBARNA Elections**

All KBARNA positions will be elected by the Regional Assembly the First meeting (February) of Non World Service Conference years. New officers will begin the second meeting (July) of that year. All positions are 2 year commitments with a two consecutive term limit. (With the exception of Project Coordinators and Hosting Organizer)

\* If any position becomes vacant mid-cycle, the KBARNA body may appoint a replacement with a majority vote of RCM's present at the assembly. The position is complete at the end of the cycle, not two years from that point.

### **All KBARNA positions require the following (unless otherwise noted):**

- a) 3 years clean-time
- b) Time and Resources to fulfil position
- c) One year prior NA service/committee experience
- d) Must be present for nomination and selection
- e) Nominee requires simple majority of present voting RCM's. If there is more than one nominee, the nominee with the most votes takes the position.

### **Regional Delegate and Alternate (RD/RDA)**

The RD and RDA will alternate between Regions. Example: For the 2016-2018 Conference cycle The RD is from the Kentuckiana Region and the RDA is from the Bluegrass Appalachia Region. For the 2018-2020 cycle the RDA from Bluegrass Appalachia becomes the RD and the Kentuckiana Region will elect the RDA.

If the RDA position remains open for more than six months, the other region has the option of electing the RDA. The rotation will change accordingly.

### **Regional Committee Members (RCM) and Area Delegated Representative (ADR)**

RCM are elected by their Regions Areas

## **KBARNA Meeting** **Agenda**

Open Meeting with a moment of silence followed by the Serenity Prayer

### **Read:**

The Twelve Traditions of Narcotics  
Anonymous The Twelve Concepts of NA  
Service  
A Vision for NA Service

**Accept Minutes from last meeting** Review and amend if necessary  
**Introductions**

### **Reports:**

Treasurer  
RD/RDA  
RCMs  
PRRP  
Work Groups

### **Old Business:**

A review of last meetings "new business"

### **New Business**

In order to conduct new business at least three representatives must be present with the minimum of one representative from each region.

Any member may make a motion but it must be seconded by an RCM to be considered for business. Only RCMs may vote. (See participating members section)

**Elections**

Facilitator/Hosting Organizer, Project coordinators, and vacant positions. Any other position previously described.

**Close**

Gratitude Prayer: My Gratitude Speaks,

When I care and when I share with others, the NA way.